



## **“Movement Harmony ALIVE”**

with

Carol-Lynne Moore and Cate Deicher

December 7-8, 2019

9 AM – 4:30 PM

Balance Arts Center  
151 West 30<sup>th</sup> Street, 3<sup>rd</sup> floor, Room 1  
New York, NY 10001

### **Two Days/Two Workshops**

#### ***Be Edgy & Mix It Up! on Saturday, December 7***

Movement Harmony ALIVE begins by investigating Rudolf Laban’s assertion that most natural movement follows peripheral and transverse pathways. To prove his point, Laban designed many peripheral rings and mixed spatial sequences that combine peripheral and transverse pathways. Throughout the day we explore some of these novel Choreutic forms. We travel along the edges of the kinesphere, tracing peripheral 5, 6, and 7 rings. Then we engage in mixology, embodying sequences that combine peripheral and transverse pathways, such as mixed 2, 4, and 7 rings. Participants will not only come away with a new appreciation of the scope of Laban’s Space Harmony, but also with new sources and ideas for movement invention.

#### ***Harmony and the Grotesque on Sunday, December 8***

During the 1920’s, Laban’s Chamber Dance Group created solo, duet, and group pieces referred to as “grotesques.” These compositions, some humorous, some disturbing, provided a contrast to Laban’s notions of movement harmony.

Sunday’s workshop begins with a discussion of elements of movement harmony identified by Laban, such as proportion, balance, symmetry, and order. Next we experience these elements by embodying some of the harmonic effort and space sequences that Laban designed, drawing on these to create short studies.

In the afternoon, we turn Laban’s model upside down, willfully violating harmonic principles to create contemporary “grotesques.”

These are continuing education workshops suitable for Certified Movement Analysis as well as anyone with a basic knowledge of Laban Movement Analysis.

## Workshop Instructors

**Carol-Lynne Moore**, PhD, CMA, has been involved in the field of movement analysis for over four decades, working closely with Laban luminaries such as Irmgard Bartenieff and Warren Lamb. She has taught in 28 LMA certificate programs in the US and Europe, most recently developing graduate programs in movement analysis for the University of Surrey (UK) and Columbia College Chicago. Publications include *Beyond Words; The Harmonic Structure of Movement, Music, and Dance According to Rudolf Laban; Movement and Making Decisions; and Meaning in Motion*. She was honored to receive a Life Achievement Award from the Laban/Bartenieff Institute of Movement Studies in 2018 and Lifetime Achievement recognition by Who's Who in America in 2019.

**Cate Deicher**, MA, CMA, founded the Department of Dance and Movement Studies at Alverno College in 1988 and served as faculty, department chair, and Fine Arts Dean during her tenure. Following that, she served as faculty and Academic Coordinator for the Graduate Laban Certificate in Movement Analysis at Columbia College Chicago until 2015. She has presented choreographic work over the years in a variety of venues, in collaboration with dance friends, for students, dance companies, and theater productions. She also applies the Laban work to the design and teaching of movement-based courses for students at Milwaukee Institute of Art and Design, and for nursing and architecture students at the University of Wisconsin-Milwaukee.

## Registration

**Customize your weekend.** Everyone is busy, so *Movement Harmony ALIVE* is designed so you can participate in the whole weekend, or only one day – whatever fits your schedule best. Here is how it works.

Saturday, December 7 workshop (9 AM – 4:30 PM, with lunch break)

Registration fee = \$170

Sunday, December 8 workshop (9 AM – 4:30 PM, with lunch break)

Registration fee = \$170

Whole weekend Registration fee = \$310 (take the whole weekend and save \$30!)

**Registration closing date: November 25, 2019**

**Cancellation and refund policy.** If you are unable to attend as planned, please notify MoveScape Center as soon as possible. Your registration fee, less \$25 for handling, will be refunded. We regret that no refunds can be offered if notification of cancellation is received on or after December 7, 2019.

## Questions about the Movement Harmony ALIVE weekend?

Contact Carol-Lynne Moore, MoveScape Center Director,  
at 303-618-9842 or via email at [info@movescapecenter.com](mailto:info@movescapecenter.com)



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151 West 30<sup>th</sup> Street, 3<sup>rd</sup> floor, Room 1  
New York, NY 10001

### REGISTRATION FORM

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (home) \_\_\_\_\_ (work) \_\_\_\_\_

(cell) \_\_\_\_\_ (FAX) \_\_\_\_\_

email \_\_\_\_\_

*Please check the workshops for which you are enrolling.*

\_\_\_\_\_ **Saturday workshop only** **Fee: \$170** \_\_\_\_\_

\_\_\_\_\_ **Sunday workshop only** **Fee: \$170** \_\_\_\_\_

\_\_\_\_\_ **Whole weekend** **Fee: \$310** \_\_\_\_\_

**TOTAL ENCLOSED** \$ \_\_\_\_\_

Return this form with a check payable to: MoveScape Center, PO Box 12051, Denver, CO 80212

**Registration closing date: November 25, 2019**